**Smyer ISD**

2021-2022 Wellness Plan

Purpose

*Updated May 5, 2021*

The link between nutrition and learning is well documented. Healthy eating patterns are essential for student to achieve their full academic potential, full physical and mental growth, and lifelong health and well-being. Healthy eating Is demonstrably linked to reduced risk for mortality and development of many chronic diseases as adults. Schools have a responsibility to help students and staff to establish and maintain lifelong, healthy eating patterns. Well planned and well Implemented school nutrition programs have been shown to positively influence student's eating habits.

All students shall possess the knowledge and skills necessary to make nutritious and enjoyable food choices for a life time. In addition, staff will be encouraged to model healthy eating and physical activity as avaluable part of daily life. The Smyer Independent School district shall prepare adopt, and Implement a comprehensive plan to encourage healthy eating, physical activity, wellness, and a coordinated health curriculum. This plan shall make effective use of school and community resources and equitably serve the needs and Interests of all students and staff, taking into consideration differences in cultural norms.

**Goals/Objectives-**

1. The Smyer Independent School District Board of Trustees shall appoint a School Health Advisory Committee (SHAC). It's mission shall be to address nutrition and physical activity issues and will develop, implement, and evaluate guidelines that support a healthy school nutrition environment This committee shall offer revisions to this plan upon annual review or as often as necessary to meet the needs of the Smyer Community.
   1. SHAC will meet at least 4 times per year
   2. SHAC will review wellness plan and Initiatives at least 4 times per year with a report to the board of trustees annually on or before June 1
2. Principals will address concerns such as kinds of foods available, sufficient mealtimes, scheduling, nutrition education, and physical activity.
   1. Weekly review of Menu Items, Weekly Calendar provided for meals
   2. Schedule meals of adequate length and appropriate timing for each grade level
   3. Provide a minimum of 30 minutes per day or 150 minutes per week of vigorous physical activity for every student, with adaptations as necessary for Individualized Education Plan
   4. Provide nutrition education In the form of posters, and other media, as well as provide supporting materials for use in coordination with all curriculum areas
3. Smyer ISD will provide a nutritious breakfast at no charge to all students.
   1. Free breakfast program

4, Smyer ISD will provide nutritious meals at lunch at no charge to all students.

1. Offer salad bar with fresh vegetables and fruits dally
2. Half of the grain products will be whole grain
3. Nutrition education shall be integrated across the curriculum.
   1. Support materials from USDA
   2. Extension Service Health Bodies Program
   3. SRA Health Curriculum
4. Foods of Minimal Nutritional Value have been replaced with only foods sold In schools and will be limited to guidelines provided by the USDA with the exception of exempt days.
   1. See attachment USDA guidelines for Smart Snacks,
   2. No limitations for classroom rewards
   3. Optional Snack Bar available
5. Physical activity will be provided in daily schedule meeting or exceeding state standards
   1. Texas Essential Knowledge and Skills (TEKS) per grade level
   2. Spark Fitness Program
   3. Fitness-Gram- Evaluation program, Updated to web hosted version
   4. Elementary Field Day to be held on May 14, 2021
6. The school food service staff will participate in the decision making process
   1. Weekly conferences with Principals as needed
   2. Participation In SHAC
7. Smyer ISD will provide a coordinated health curriculum.
   1. Texas Essential Knowledge and Skills ( TEKS)
   2. Coordinate Physical Education Curriculum, Health Curriculum, Nutrition Education, and Wellness Plan
   3. TEKS will be implemented with Science, FCCLA, and Physical Education
   4. Incorporate and provide state mandated Alcohol Awareness program In Health curriculum Grades 7-12, Provided through FCCLA
   5. Providing Paternity Awareness (PAPA) program grades 7-12
   6. Providing Dental and Hygiene Education for elementary, and Puberty Education for 5th graders
8. Smyer ISD will provide disease prevention education, and a means to reinforce wellness as a healthy lifestyle to all students at all grade levels
9. Promote Healthy lifestyle by educating students In the Importance of disease prevention, appropriate hygiene, hand washing etc.
10. Promote abstinence In a healthy lifestyle for school age children as the most effective means of limiting sexually transmitted diseases such as Aids and HIV, and pregnancy
11. Texas Essential Knowledge and Skills ( TEKS) , Student Council Summit, Guest Speakers

SMYER ISD

Wellness/SHAC Committee Meeting Minutes

April 7, 2021

Smyer lSD Wellness/SHAC met on April 7, 2021, The following committee members were in attendance: Shari Blount, Summer Stracener, Bill Black, Shelly Locke, Shirley Pearce, Kyra Bruce, Amanda Thornton and Christina Washington.

The committee reviewed the previous wellness plan/minutes from the previous meeting. Goals met were providing physical activity and daily recess for elementary students. Nutrition was promoted through nutrition posters in the cafeteria. Nutrition standards were met with offering a nutritious breakfast in the classroom daily and lunch in the cafeteria daily, following USDA and TDA guidelines to all students at no charge. Several committee members were unable to attend this meeting, but we had many members from different representations present.

Summer Stracener, school RN, provided an update on a COVID vaccine clinic that was held community wide for anyone wishing to participate in the clinic. She reported that approximately 90 community members and/or staff participated in this clinic. She states she would like to continue offering clinics in the future and other services such as immunization clinics and flu shot clinics in conjunction with K&K Pharmacy as a community outreach program. The feedback she received from the community on the clinic was that it was very much appreciated and they would be interested in future clinics.   
 The counselor, Ms. Brewster, was unable to attend today. The school nurse spoke about what a great job she is doing with students for mental health during this pandemic, and now adjusting to loosening rules for the pandemic and the adjustment being difficult for some students. The nurse and the counselor work well together to assist these students that struggle with this. Summer reported that staff is completing required trainings that Mr. Wade signs them up to do periodically, such as Child Abuse Recognition and Mandated Reporting. Staff in attendance stated they felt as though this program is an effective way for staff to receive the required trainings. Mr. Black reports STAAR online testing was able to be completed for 7th grade today, in spite of online glitches causing problems yesterday.

Christiana Washington with A+ Food Service reported they are continuing breakfast in the classrooms for the remainder of the year district wide. She reported May 11, 12 and 13th, sack lunches will be provided for all elementary students during STAAR testing, as to not disturb classes that are testing. Sack lunches will also be provided May 14th during the elementary Field Day. She stated that during STAAR testing, the cafeteria will be offering more protein choices to students for a healthier/balanced breakfast for testing, as well as each breakfast will contain 2 snacks for those testing. Mrs. Washington was asked by the school nurse if she would provide a report next meeting on the importance of food allergies in the cafeteria, how they handle food allergies/protocols. She stated she will provide a report at the next meeting on May 5, 2021.

Mrs. Locke provided an update on physical education. She stated she will be conducting the Fitness-Gram next week, implementing all things required by the State. Physical education continues to be very important through the pandemic, utilizing outdoor spaces as much as possible when weather allows, and creating new ways to be active while social distancing. She reported there will be a Field Day for all Elementary students on May 14th on a half day of school. This will include different stations spread out around the football field and will have all sorts of events for all students to participate.

Summer Stracener, R.N., school nurse, reported we are continuing to follow guidelines for COVID-19 provided by administration, including social distancing, hand sanitization, and screenings from the nurse on sick children, sending them home if they have any symptoms of illness. The school board had a vote since our last meeting, removing the mask mandate for staff and students, making it now optional. This went into effect on March 22, 2021. We continue to have zero quarantine cases or positive case since the beginning of January. Parents and guardians are continuing to be asked to keep students home if they are running a fever or have any symptoms consistent with COVID-19. Parent screenings at home before sending students to school are helpful with family/community involvement for the health of our school. Rapid COVID testing can still be performed in the nurse’s office at any time a need arises.

Summer Stracener, RN provided an employee health update, stating she continues to screen employees for symptoms of illness. All employees that wanted to participate in being vaccinated for COVID 19 were able to do so in the provided clinic. Most of all employees that wanted the vaccine are now fully vaccinated, with the exception of a few that have only received their first dose, but will receive their second dose at the clinic on April 20, 2021.

Mrs. Stracener reported she conducted dental education to Pre-K, providing each student with a new toothbrush/toothpaste/timer/floss kit that the Masonic Lodge provides to the school every year. She reports she is scheduled to have the hygiene/puberty education class on Monday, April 12, 2021 at 12pm. Mr. Igo will conduct the class for the boys, and Nurse Summer will conduct the class for the girls. Each student will get a goodie bag with personal care products provided.

It was suggested last meeting by Summer Stracener that the members of the committee review the current wellness plan on the school’s website to see if they have any recommendations of change to the current plan. All members agreed that the plan needs an update to meet current requirements of TEA. Summer Stracener volunteered to update all of the wellness plan to meet mandated criteria, and she will provide a copy to the committee to be reviewed next month at the May 5th meeting. After the wellness plan is completely updated by Nurse Stracener, it will be presented to the board in the spring.

No more questions or comments were presented. The meeting was adjourned at 03:20pm.

Summer Stracener, RN

School Nurse

4/7/2021

**SMYER ISD**

**WELLNESS/SHAC COMMITTEE MEETING MINUTES February 10, 2021**

Smyer lSD Wellness/SHAC met on February 10, 2021. The following committee members were in attendance: Shari Blount, Summer Stracener, Bill Black, Shelly Locke, Shirley Pearce, Shelly Brewster, Kyra Bruce, Juan Cavazos, Bradley Hunsucker, Dijon Russell, Micah Oliver, Amanda Thornton and Gene Sheets.

The committee reviewed the previous wellness plan/minutes from the previous meeting. Goals met were providing physical activity and daily recess for elementary students. Nutrition was promoted through nutrition posters in the cafeteria. Nutrition standards were met with offering a nutritious breakfast in the classroom daily and lunch in the cafeteria daily, following USDA and TDA guidelines to all students at no charge. More parents were in attendance of this meeting than the last meeting. We were able to have representation from the cafeteria and the school board at this meeting as well, whereas they were not able to attend the last meeting.

Summer Stracener, R.N., school nurse, reported we are continuing to follow guidelines for COVID-19 provided by administration, including social distancing, wearing masks, temperature checks, hand sanitization, and screenings from the nurse on sick children, sending them home if they have any symptoms of illness. Parents and guardians are continuing to be asked to keep students home if they are running a fever or have any symptoms consistent with COVID-19. Everyone agreed, Mr. Wade has done a wonderful job keeping our school in compliance with COVID-19 protocols and protecting our district as much as feasibly possible. The district hopes all of these measures will help with students to keep from spreading any illness. Parent screenings at home before sending students to school are helpful with family/community involvement for the health of our school.

Gene Sheets with A+ Food Service discussed the breakfast in the classroom daily that was implemented due to COVID-19 at the beginning of the year, stating it has proven to be beneficial for the district. Bradley Hunsucker commented how this is also done in other schools. Last meeting, Kyra Bruce, student representative, stated she enjoys the breakfast in the classroom because it allows for social distancing and cuts down on time spent in the cafeteria in the mornings. She stated she liked being able to already be in the classroom when finished eating to begin her learning for the day. Smart snacks and the food return bin have been eliminated due to COVID-19. The salad bar in now served only by cafeteria staff, no longer touched by students. At the last meeting, Kyra Bruce said she wondered if the cafeteria could offer water with meals at lunch. She stated she thinks milk with every meal is a lot of sugar, and it would be a healthier option to also offer water. This was presented in this meeting to the cafeteria staff. Mr. Sheets addressed this concern presented by Kyra by stating that they do not receive the funding from the state to provide bottled water with meals, but that it may be an option to provide bottles that students may purchase from the cafeteria. This option may be looked into further. Summer Stracener mentioned possibly talking with teachers about allowing students to fill their water bottles at the bottle refilling stations that they bring daily to their classrooms, before lunch, then bringing them with them to lunch with them to have another option. All were in agreeance that this may be a good choice as well.

Mrs. Locke provided an update on physical education. She stated she will be conducting the Fitness-Gram again this year, implementing all things required by the State. Physical education continues to be very important through the pandemic, utilizing outdoor spaces as much as possible when weather allows, and creating new ways to be active while social distancing.

Summer Stracener, RN provided an employee health update, stating she screens employees for symptoms of illness, and as a district, Mr. Wade and Summer Stracener have now completed the training required to administer COVID-19 Rapid Testing on campus. This testing is reserved for any staff members that request the test, asymptomatic or symptomatic. Students may also be tested if they have been placed on a quarantine due to close contact. After 7 days of quarantine from the last day of close contact, students may schedule an appointment with the nurse and she will provide the rapid test. If the student is under the age of 18, a parent must be present and sign a consent form for the testing. All testing is through the Texas Department of Emergency Management’s K-12 School Rapid Testing Program, using the BinaxNOW Rapid Testing Kits. Nurse Stracener also says she has a COVID-19 vaccine clinic lined up, pending the State’s inclusion of school staff as those able to receive the COVID vaccine and the pharmacy’s ability to receive their allotted doses of the vaccine from the government. As of now, there or no dates assigned to when this will be able to come to fruition. Once the 1st dose is received, the 2nd dose comes 28 days later for the Moderna vaccine.

Mr. Black states there are no new updates to health/TEKS requirements in the classroom, The teachers are continuing to hit TEKS requirements as far as health is concerned in the classrooms.

Mrs. Stracener reported she will conduct dental, puberty and hygiene talks in the spring. Due to school closure last year, the 5th grade class last year did not receive the hygiene/puberty talk. She would like to include the current 5th grade class and the current 6th grade class in the classes this year, pending approval from administration. She has already approximately 90-95% complete with hearing, vision and spinal screenings. She also reports the senior class has been provided their required CPR training on 1/27/21, meeting the State’s requirement for BLS to be taught before graduating.

It was suggested by Summer Stracener that the members of the committee review the current wellness plan on the school’s website to see if they have any recommendations of change to the current plan.

Mr. Cavazos expressed gratitude for the SHAC committee meetings and the ability to give board member, staff, parents and students a common meeting ground to discuss these important issues.

It was discussed that future meeting dates for the 20/21 school year will be (tentatively) 04/07/21, and 05/05/21. The wellness plan will be updated by Nurse Stracener and will be presented to the board in the spring.

No more questions or comments were presented. The meeting was adjourned at 03:20pm.

Summer Stracener, RN

School Nurse

2/10/2021

**SMYER ISD**

**WELLNESS/SHAC COMMITTEE MEETING MINUTES October 7, 2020**

Smyer lSD Wellness/SHAC met on October 7, 2020. The following committee members were in attendance: Tony Igo, Shari Blount, Summer Stracener, Bill Black, Shelly Locke, Shari Blount, Shelly Brewster, and Kyra Bruce.

The committee reviewed the previous wellness plan/minutes from the previous meeting. Goals met were providing physical activity and daily recess for elementary students. Students completed Fitness gram. Nutrition was promoted through nutrition posters in the cafeteria. Nutrition standards were met with offering a nutritious breakfast in the classroom daily and lunch in the cafeteria daily, following USDA and TDA guidelines to all students at no charge.

Summer Stracener, R.N., school nurse, reported we are following guidelines for COVID-19 provided by administration, including social distancing, wearing masks, temperature checks, hand sanitization, and screenings from the nurse on sick children, sending them home if they have any symptoms of illness.

Parents and guardians are asked to keep students home if they are running a fever or have any symptoms consistent with COVID-19. The district hopes all of these measures will help with students to keep from spreading any illness. Parent screenings at home before sending students to school are helpful with family/community involvement for the health of our school.

The cafeteria staff was shorthanded and did not have anyone in attendance for this meeting. The committee discussed the breakfast in the classroom daily that was implemented due to COVID-19 at the beginning of the year. Kyra Bruce, student representative, stated she enjoys the breakfast in the classroom because it allows for social distancing and cuts down on time spent in the cafeteria in the mornings. She stated she liked being able to already be in the classroom when finished eating to begin her learning for the day. Smart snacks and the food return bin have been eliminated due to COVID-19. The salad bar in now served only by cafeteria staff, no longer touched by students. Kyra Bruce said she wondered if the cafeteria could offer water with meals at lunch. She stated she thinks milk with every meal is a lot of sugar, and it would be a healthier option to also offer water. This will be presented in the next meeting to the cafeteria staff.

Mrs. Locke provided an update on physical education. She stated she will be conducting the Fitness-Gram again this year, and she spoke about the SPARKS curriculum and an emphasis on health and safety protocols.

Summer Stracener, RN spoke about the new water fountains that were installed in the school. They are a no touch way for students to refill water bottles from home. Kyra Bruce stated that as a student she appreciates having the no touch refill stations in order to refill her water bottles daily, and said she feels like it keeps her safe from “the virus” having this way to stay hydrated.

Mrs. Blount stated she felt like it was very important that the school district now has a full time nurse, especially during the pandemic. Everyone in attendance agreed.

Kyra Bruce asked about the availability of cough drops for students needing them when experiencing a cough at school. Summer Stracener, RN informed her that cough drops are medicated and must be provided from home, due to the enforcement of existing school board policy stating the school district will not provide over the counter medications. Parents may send them with their children daily, but the district will not provide them. Mrs. Stracener also told Kyra that she keeps peppermints in her office at all times for students that need something to help with an occasional cough. Kyra questioned students coughing in situations with their masks off, such as in PE or athletics, and asked about the possibility of spreading illness in this situation. Mrs. Blount suggested students should cough into their elbow or into their shirt to minimize spreading germs from coughing.

Summer Stracener, RN provided an employee health update, stating she screens employees for symptoms of illness, provided a flu shot clinic where approximately 45 staff members received a flu shot and various other vaccines for their health.

Mr. Black and Mr. Igo stated the teachers are hitting TEKS requirements as far as health is concerned in the classrooms. Mrs. Stracener reported she will conduct dental, puberty and hygiene talks in the spring. She has already started with hearing and vision screenings and will conduct spinal screenings on October 21, 2020.

Mrs. Stracener reported that last year staff was trained on Stop the Bleed and state required seizure training. Each classroom now has a trauma kit on hand in the need of bleeding emergency. Mrs. Butcher was trained in September 2020 as an Unlicensed Diabetic Care Assistant. Now she and Nurse Stracener are both qualified to help students with a diabetic or hypo/hyperglycemic need.

It was discussed that future meeting dates for the 20/21 school year will be (tentatively) 12/9/20, 03/3/21, and 05/5/21. The wellness plan will be updated by Nurse Stracener and will be presented to the board in the spring. Before the next meeting, Nurse Stracener stated she will reach out to parents and members of the community to see if they would like to join the SHAC Committee in the future, so that all facets are represented.

No more questions or comments were presented. The meeting was adjourned at 03:20pm.

Summer Stracener, RN

School Nurse

10/07/2020

**SMYER ISD WELLNESS/SHAC COMMITTEE**

**2020-2021**

**Elementary Principal**—Tony Igo

**High School** **Principal**—Bill Black

**School Nurse**—Summer Stracener, RN

**Elementary Teacher**—Shari Blount

**High School Teacher**—Shirley Pearce

**Board of Trustees Representative**—Juan Cavazos

**Elementary Student**—Kyra Bruce

**Junior High/High School Student**—Brakkin Chrisman

**Cafeteria Manager**—Kelly Gilmer

**Food Services Director**—Christina Washington

**School Counselor**—Shelly Brewster

**Physical Education**—Shelly Locke

**Parent**—Tiffani Pittman

**Parent**—Micah Oliver

**Parent**—Amanda Thornton

**Parent**—Bradley Hunsucker

**Parent**—Amber Chrisman

**Parent**—Dijon Russell

SMYER ISD

WELLNESS/SHAC COMMITTEE MEETING MINUTES May 5, 2021

Smyer lSD Wellness/SHAC met on April 7, 2021, The following committee members were in attendance: Shari Blount, Summer Stracener, Tony Igo, Shelly Locke, Amanda Thornton, Micah Oliver, Amber Chrisman, Kimberly Bell (A+ Foodservice), Bradley Hunsucker and Christina Washington.

The committee reviewed the previous wellness plan/minutes from the previous meeting. Goals met were providing physical activity and daily recess for elementary students. Nutrition was promoted through nutrition posters in the cafeteria. Nutrition standards were met with offering a nutritious breakfast in the classroom daily and lunch in the cafeteria daily, following USDA and TDA guidelines to all students at no charge. Several committee members were unable to attend this meeting, but we had many members from different representations present.

Summer Stracener, school RN, provided an update on a COVID vaccine clinic that was held April 20th for the community for anyone that had received their first dose in March. It went well.

The counselor, Ms. Brewster, was unable to attend today due to assisting JH/HS students with the STAAR test. She has also been helping the HS students with PSAT/SAT/other college entrance exams, as needed. She has been doing a great job helping these students.

At the last meeting, Christiana Washington with A+ Foodservice was asked by the school nurse if she would provide a report next meeting on the importance of food allergies in the cafeteria, how they handle food allergies/protocols. She reports that there is a process of which the school nurse notifies they cafeteria of any children with food allergies, if they have doctor’s orders for these food allergies, a copy of this is given to the cafeteria as well. They then enter it into their system which alerts staff in the cafeteria of certain students with food allergies requiring modifications. Communication between the school nurse and the cafeteria, the students and the parents, is vital for their protection.

Mrs. Locke provided an update on physical education. She stated she conducted the Fitness-Gram, implementing all things required by the State, and reports it went well and is complete. Physical education continues to be very important through the pandemic, utilizing outdoor spaces as much as possible when weather allows, and creating new ways to be active while social distancing. She reported there will be a Field Day for all Elementary students on May 14th throughout the morning, then she will be having stations for students to cycle through for after the field day is over.

Summer Stracener, R.N., school nurse, reported we are continuing to follow guidelines for COVID-19 provided by administration, including social distancing, hand sanitization, and screenings from the nurse on sick children, sending them home if they have any symptoms of illness. The school board had a vote since our last meeting, removing the mask mandate for staff and students, making it now optional. This went into effect on March 22, 2021. We had one positive case of COVID-19 on campus, that only affected 1 person, they completed their quarantine and are already back on campus. Parents and guardians are continuing to be asked to keep their children home if they are running a fever or have any symptoms consistent with COVID-19. Parent screenings at home before sending students to school are helpful with family/community involvement for the health of our school. Rapid COVID testing can still be performed in the nurse’s office at any time a need arises.

Summer Stracener, RN provided an employee health update, stating she continues to screen employees for symptoms of illness. All employees that wanted to participate in being vaccinated for COVID 19 were able to do so in the provided clinics. All employees that wanted to be vaccinated for COVID-19 have now been fully vaccinated.

Mrs. Stracener reported she conducted the hygiene/puberty class with the 5th grade girls, and Mr. Igo completed the hygiene/puberty class with the 5th grade boys. This went well according to them. Germ and dental hygiene programs have been being done in classrooms and will continue to be done when teachers request throughout the remainder of the year.

It was suggested last meeting, by Summer Stracener, that the members of the committee review the current wellness plan on the school’s website to see if they have any recommendations of change to the current plan. Last meeting, Summer Stracener volunteered to update the wellness plan to meet mandated criteria, and she provided a copy to the committee to be reviewed, which they all approved. Now, Nurse Stracener will present the updated plan to the board on Monday, May 10, 2021, along with the annual report of SHAC meetings.

No more questions or comments were presented. The meeting was adjourned at 03:15pm.

Summer Stracener, RN

School Nurse- 05.05.2021

**SISD School Health Advisory Council (SHAC)**

**Annual Report 2020-2021**

**Authority**: Each school district in Texas is required in Chapter 28.004 of the Texas Education Code to establish and maintain a district-level School Health Advisory Council. The School Health Advisory Council of the Smyer Independent School District is specifically authorized by the School Board of Trustees.

**Purpose:** The SHAC is an advisory body, and shall serve to review, provide guidance and make recommendations regarding health and safety issues within the District to the Board of Trustees. The SHAC is to assist the District in ensuring that local community values are reflected in the District’s health education instruction. The council’s duties include recommending: 1) The number of hours of instruction to be provided in health education in K-8; and if the District requires health education for high school graduation, including physical education, and mental health education in grade 9-12; policies, procedures and strategies for specific grade levels designed to prevent physical health concerns, including obesity, cardiovascular disease, Type 2 diabetes, and mental health concerns, including suicide, through the coordination of: health education; physical education and physical activity; nutrition services; parental involvement; instruction on substance abuse prevention; school health services, including mental health services; a comprehensive school counseling program under Section 33.005; a safe and healthy school environment; and school employee wellness.

**Responsibility:** The State requires that the board must approve the membership of the SHAC committee. A majority of the members must be parents of students in the district who are not employed by the district. The SHAC shall meet at least 4 times per school calendar year.

**Members:** Tony Igo, Bill Black, Summer Stracener, RN, Shari Blount, Shirley Pearce, Juan Cavazos, Kyra Bruce, Brakkin Chrisman, Kelly Gilmer, Christina Washington/Gene Sheets (A+ Food Service), Shelly Brewster, Shelly Locke, Tiffany Pittman, Micah Oliver, Amanda Thornton, Bradley Hunsucker, Amber Chrisman and Dijon Russell.

**Meetings Held 2020-2021:** October 7, 2020; February 10, 2021; April 7, 2021; and May 5, 2021.

**\*Please Refer to all attached meeting minutes for full details on each meeting.**

**Accomplishments during 2020-2021 School Year:**

* Wellness Plan updated to reflect current TEA requirements and posted to school website
* All meetings and SHAC committee details posted to school website
* Flu Shot Clinic held for all staff members wanting to participate, as well as their spouses and children (9-28-2020)
* COVID-19 Vaccination Clinics held community wide for all staff and community members wanting to participate (3-30-2021 and 4-20-2021)
* Senior Class given CPR class to meet State required lessons on Basic Life Support before graduation (1-27-2021)
* Required Puberty/Hygiene education completed with 5th grade class (4-12-2021)
* Food Allergies in cafeteria; process reviewed and report provided by A+ Food Service
* Summer Food Service Program begins Monday, May 24th. Meals will be served Monday-Thursday each week through June 24th, with the exception of Monday, May 31st (Memorial Day)