

OCTOBER 2019

SMYER ISD

THIS INSTITUTION IS AN
EQUAL OPPORTUNITY
PROVIDER

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Pancake on a Stick 1	Breakfast Pizza 2	Sausage Biscuit 3	French Toast Sticks w/syrup 4
Lunch	Bean & Cheese Tostada Chicken Fajitas Pinto Beans, Spanish Rice	Country Fried Steak Grilled Cheese Sandwich Mashed Potatoes w/Gravy	Chicken Alfredo Hot Ham & Cheese on Pretzel Bun Garlic Breadsticks Green Beans	Cheese or Pepperoni Pizza Mini Corn Dogs Curly Fries
Banana Bread 7	Breakfast Croissant Sandwich 8	Breakfast Pizza 9	Kolache 10	Poptart w/Yogurt 11
Chicken Bowl Cheeseburger Corn, Roll	Beef Tacos Cheese Nachos Refried Beans, Spanish Rice	Chicken Nuggets Sloppy Joe Sandwich Vegetarian Beans Okra, Roll	Chicken Parmesan Beef Ravioli Garlic Breadsticks Green Beans	Drumstick/Wings Hot Turkey & Cheese on Pretzel Bun French Fries, Roll
Pancake on a stick 14	Dutch Waffle 15	Blueberry Muffin w/cheese stick 16	Breakfast Pizza 17	Ham & Cheese Croissant Sandwich 18
Spaghetti w/meat sauce Beef Cheddar Sub Garlic Breadstick Broccoli w/cheese sauce	Cheese Quesadilla Beef Nachos Pinto Beans, Spanish Rice Fruit mix w/Whip	Cheese or Pepperoni Pizza Chicken Sandwich Tater tots	Chili Hot Dog Popcorn Chicken w/Orange Sauce Vegetable Fried Rice, Corn	Salisbury Steak Hamburger Mashed Potatoes w/gravy Roll
Chocolate Donuts 21	Breakfast Pizza 22	Cinnamon Waffles w/Bacon 23	Pancake on a Stick 24	Blueberry Muffin w/cheese stick 25
Mini Corn Dogs Crispy Wings w/Buffalo Sauce Curly Fries, Roll	Taquitos w/Queso Blanco Sauce Beef Tacos Refried Beans, Spanish Rice	Macaroni & Cheese w/Diced Ham Club Sub Sandwich Tater Tots, Roll	Chicken & Waffles Cheeseburger Hash browns, Fruit mix w/Whip	Beef Fingers Western Burger Mashed Potatoes w/Gravy Roll
Strawberry Pancakes w/Bacon 28	Chocolate Muffin w/Cheese Stick 29	Cinnamon Granola Bar 30	Breakfast Pizza 31	
Bacon Cheeseburger Popcorn Chicken w/Orange sauce Vegetable Fried Rice French Fries	Beef Nachos Soft Chicken Tacos Pinto Beans, Spanish Rice	Chicken Alfredo Chicken Sandwich Garlic Breadsticks Green Beans	French Bread Pepperoni Pizza Grilled Cheese Sandwich Broccoli w/Cheese sauce	

Breakfast & Lunch are free to all students

Adult Breakfast Prices: \$2.25

Adult Lunch Prices: \$3.90

Fresh Fruit, Salad Bar, Variety of Milk are offered at Lunch

Fresh Fruit., Variety of Cereal and Milk are offered every day at Breakfast

Menu is subject to change.