

# SEPTEMBER 2019

## SMYER ISD

THIS INSTITUTION IS AN  
EQUAL OPPORTUNITY  
PROVIDER

Monday

Tuesday

Wednesday

Thursday 5

Friday

Breakfast

2

Breakfast Pizza

3

Cinnamon Waffles w/syrup

4

Breakfast on a Stick

5

Blueberry Muffin w/cheese

6

Lunch

Cheese Quesadilla  
Beef Nachos  
Pinto Beans, Spanish Rice

Pizza  
Crispy Chicken Sandwich  
Tater Tots

Chili Hot Dog  
Orange Chicken  
Fried Rice, Corn

Salisbury Steak  
Hamburger  
Mashed Potatoes w/gravy  
Roll

Strawberry Pancakes w/syrup

9

Chocolate Chip Muffin w/cheese

10

Cinnamon Round Cookie

11

Breakfast Pizza

12

Strawberry Parfait

13

Mini Corn Dogs  
Wings w/Buffalo wing sauce  
Curly Fries, Roll

Taquitos w/queso  
Beef Tacos  
Refried Beans, Spanish Rice

Mac & Cheese w/diced Ham  
Club Sub  
Tater Tots, Roll

Chicken & Waffles  
Cheeseburger  
Hash Browns

Beef Fingers  
Western Burger  
Mashed Potatoes w/gravy  
Roll

Chocolate Donut

16

Sausage Biscuit

17

Stuffed Cheese Sticks

18

Breakfast Pizza

19

Strawberry Parfait

20

Bacon Cheeseburger  
Orange Chicken  
Fried Rice  
French Fries

Beef Nachos  
Soft Chicken Taco  
Pinto Beans  
Spanish Rice

Chicken Alfredo  
Crispy Chicken Sandwich  
Green Beans  
Garlic Breadsticks

French Bread Pepperoni Pizza  
Grilled Cheese Sandwich  
Broccoli w/Cheese sauce

Frito Pie  
Chicken Tenders  
Tater Tots, Roll

Dutch Waffle

23

Blueberry Muffin w/cheese

24

Bean & Cheese Burrito

25

Sausage Biscuit

26

Strawberry Poptart & Yogurt

27

Chicken Bowl  
Corn Dog  
Tater Tots, Roll

Cheese Quesadilla  
Beef Tacos  
Refried Beans  
Spanish Rice

Chili Hot Dog  
Cheeseburger  
Curly Fries

Pizza  
Ham & Cheese Croissant  
Tater Tots

Drumsticks/Wings  
Country Fried Steak Sandwich  
Mashed Potatoes w/ Gravy  
Roll

Chocolate Donut

30

Chicken Nuggets  
Bacon Cheeseburger  
Tater Tots,  
Roll

Breakfast & Lunch are free to all students

Adult Breakfast Prices: \$2.25

Adult Lunch Prices: \$3.90

Fresh Fruit, Salad Bar, Variety of Milk are offered at Lunch

Fresh Fruit., Variety of Cereal and Milk are offered every day at Breakfast

Menu is subject to change.

